# **IRO Certificate #4599**

# NOTICE OF INDEPENDENT REVIEW DECISION

June 6, 2003

Re: IRO Case # M2-03-0960
Texas Worker's Compensation Commission:
has been certified as an independent review organization (IRO) and has been authorized to perform independent reviews of medical necessity for the Texas Worker's Compensation Commission (TWCC). Texas HB. 2600, Rule133.308 effective January 1, 2002, allows a claimant or provider who has received an adverse medical necessity determination from a carrier's internal process, to request an independent review by an IRO.
In accordance with the requirement that TWCC assign cases to certified IROs, TWCC assigned this case to for an independent review has performed an independent review of the proposed care to determine if the adverse determination was appropriate. For that purpose, received relevant medical records, any documents obtained from parties in making the adverse determination, and any other documents and/or written information submitted in support of the appeal.
The case was reviewed by a physician who is Board Certified in Neurological Surgery. He or she has signed a certification statement attesting that no known conflicts of interest exist between him or her and any of the treating physicians or providers, or any of the physicians or providers who reviewed the case for a determination prior to referral to for independent review. In addition, the certification statement further attests that the review was performed without bias for or against the carrier, medical provider, or any other party to this case.
The determination of the reviewer who reviewed this case, based on the medical records provided, is as follows:
History The patient is a 45-year-old female who injured her back on On 2/14/02 a lumbar interbody fusion at L5-S1 with cages was performed. The patient improved afterwards, but about five months post-op she developed recurrent back pain. Imaging studies suggested the possibility of L4-5 involvement as a source of her pain. There was also a question of pseudoarthrosis at the fusion site. In early 2003 it was noted that the patient developed more symptoms suggestive of right lumbar radiculopathy, with some slight weakness of dorsiflexion of the right foot. The patient has been diagnosed with depression, for which she is being treated with medication.
Requested Service(s) Repeat Lumbar CT scan with reconstruction

#### Decision

I disagree with the carrier's decision to deny the requested treatment.

### Rationale

Despite the fact that the patient's psychological problems may be influencing her report of discomfort, there are findings that are apparently new, and reevaluation by imaging testing is indicated in the face of new and increased signs and symptoms. The particular type of evaluation that is recommended will usually depend on which type the surgeon has the most confidence. I might prefer either CT myelographic evaluation or repeat MRI evaluation with and without enhancement.

This medical necessity decision by an Independent Review Organization is deemed to be a Commission decision and order.

### YOUR RIGHT TO REQUEST A HEARING

Either party to this medical dispute may disagree with all or part of the decision and has a right to request a hearing.

If disputing a spinal surgery prospective decision, a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within 10 (ten) days of your receipt of this decision (28 Tex. Admin. Code 142.5(c)).

If disputing other prospective medical necessity (preauthorization) decisions, a request for a hearing must be in writing, and it must be received by the TWCC Chief Clerk of Proceedings within **20** (twenty) days of your receipt of this decision (28 Tex. Admin. Code 148.3)

This decision is deemed received by you 5 (five) days after it was mailed (28 Tex. Admin. Code 102.4(h) or 102.5(d). A request for a hearing should be sent to:

Chief Clerk of Proceedings, Texas Worker's Compensation Commission, P O Box 40669, Austin, TX 78704-0012. A copy of this decision should be attached to the request.

The party appealing this decision shall deliver a copy of its written request for a hearing to all other parties involved in the dispute (Commission Rule 133.308(t)(2)).

Sincerely,

In accordance with Commission Rule 102.4 (b), I hereby certify that a copy of this Independent Review Organization (IRO) decision was sent to the carrier and the requestor or claimant via facsimile or US Postal Service from the office of the IRO on this 9<sup>th</sup> day of June 2003.